BOT DEGREE EXAMINATION (Regulations for the candidates admitted from 2013-2014 onwards) THIRD YEAR PAPER III – OT IN PSYCHIATRY

O.P. Code: 786162

Time: Three hours Maximum: 100 Marks

I. Elaborate on: $(2 \times 20 = 40)$

1. Describe the application of model of human occupation in various Psychiatric conditions.

2. What is Stress? What are the physiological changes that take place? Discuss Stress management techniques.

II. Write notes on: $(8 \times 5 = 40)$

- 1. Outline few activities to improve self esteem of a person.
- 2. Relaxation techniques.
- 3. S.I therapy for chronic schizophrenics.
- 4. Types of defense mechanism.
- 5. Role of O.T in Anorexia Nervosa.
- 6. Positive and negative symptoms of schizophrenia.
- 7. Vocational training for children with mental retardation.
- 8. Awareness group.

III. Short answers on: $(10 \times 2 = 20)$

- 1. Difference between delusion and hallucination.
- 2. Methods of evaluation used by occupational therapists in psychiatry.
- 3. Half way home.
- 4. Activity configuration.
- 5. Project level group.
- 6. Therapeutic benefits of free drawing.
- 7. Enuresis.
- 8. Symptoms of Bipolar mood disorder.
- 9. Volition sub component.
- 10. Negative reinforcement.
